

ABDOMINAL VEST FOR MEN

SIZE	BUST (INCH)	WAIST	LENGTH (INCH)
S	31.5-33.5	29.5-31.5	24.8
M	33.5-35.4	31.5-33.5	24.8
L	35.4-37.4	33.5-35.4	26.0
XL	37.4-39.4	35.4-37.4	26.0
2XL	39.4-41.3	37.4-39.4	27.2
3XL	41.3-43.3	39.4-41.3	27.2

HOURGLASS WAIST TRAINER

SIZE	LENGTH (INCH)	WIDTH (INCH)	SUITABLE WAISTLINE (INCH)
S	30.7	9.8	70-80
M	32.7	9.8	80-88
L	34.6	9.8	88-96
XL	36.6	9.8	96-104
XXL	38.6	9.8	104-112

SLIMMING WAIST WRAP – ONE SIZE

SIZE	CM	INCH
WAIST	60-120 CM	23.5-47.5

Your waist circumference is the main measurement to find the perfect size.

Waist – bend your torso to one side to find the natural crease, straighten and measure at this point keeping the tape parallel to the floor. It should be the narrowest point on your torso.

ARM SLIMMING AND TRIMMING TRAINERS

SIZE	LENGTH (INCH)	WIDTH (INCH)	SUITABLE ARM CIRCUMFERENCE (INCH)
REG	19.5	6.3	8.6-16.5